

Updated Treatment Guidelines for Bacterial Vaginosis

2020 ACOG Clinical Management Guidelines: BV in Nonpregnant Patients

Recommended Treatment Regimens			Alternative Treatment Regimens		
Metronidazole	Oral	500 mg BID x 7 days*	Secnidazole	Oral granules	2 g single dose
Metronidazole	Vaginal	0.75% gel QD x 5 days*	Tinidazole	Oral	2 g QD x 2 days*
Clindamycin	Vaginal	2% cream QD x 7 days	Tinidazole	Oral	1 g QD x 5 days*
			Clindamycin	Oral	300 mg BID x 7 days
			Clindamycin	Vaginal ovules	100-mg QD x 3 days**

*Abstaining from alcohol during treatment and for 24 hours after completion of oral metronidazole treatment or 72 hours after treatment with oral tinidazole is currently recommended by the drug manufacturers.

**Clindamycin ovules use an oleaginous base that might weaken latex or rubber products (e.g., condoms and vaginal contraceptive diaphragms). Use of such products within 72 hours after treatment with clindamycin ovules is not recommended.

Updated Treatment Guidelines for Vulvovaginal Candidiasis

2020 ACOG Clinical Management Guidelines: VVC in Nonpregnant Patients

Over-the-counter Intravaginal Agents*		
Clotrimazole	1% cream	5 g daily for 7-14 days
Clotrimazole	2% cream	5 g daily for 3 days
Miconazole	2% cream	5 g daily for 7 days
Miconazole	4% cream	5 g daily for 3 days
Miconazole	100-mg suppository daily for 7 days	
Miconazole	200-mg suppository daily for 3 days	
Tioconazole	6.5% ointment 5 g single application	

Prescription Intravaginal Agents*		
Butoconazole	2% cream	5 g single application
Terconazole	0.4% cream	5 g daily for 7 days
Terconazole	0.8% cream	5 g daily for 3 days

Prescription Oral Agents		
Fluconazole	Oral	150 mg in a single dose

*For uncomplicated vulvovaginal candidiasis

Updated Treatment Guidelines for Trichomoniasis

2020 ACOG Clinical Management Guidelines: Trichomonas in Nonpregnant Patients

Recommended Treatment Regimen	Alternative Treatment Regimen
Metronidazole oral 500 mg BID x 7 days	Tinidazole oral 2 g single dose

Guideline Change ➡ **Metronidazole** oral 2 g single dose no longer recommended

Forthcoming 2021 CDC STI Treatment Guidelines will also

- recommend Metronidazole oral 500 mg BID x 7 days
- no longer recommend Metronidazole 2 g single dose